

SANTA MARIA



WATCH US GROW

ANNUAL REPORT



Since our historic inception in 1957 Santa Maria has been blessed with continuous growth, equipping our organization to best meet the needs of women, children and families in the greater Houston area and beyond. In 2023, Santa Maria served more than 10,000 women, children and family members, the most individuals served to date.

In addition to quantitative growth, Santa Maria grew tremendously in programs, services and support to meet the diverse needs of our participants. In November 2022, Santa Maria had the honor of receiving a top award from Impact100 Houston. Impact100 Houston's extensive membership of women donate \$1,000 per year, allowing the organization to pool its funds to make significant grants voted on by the membership. Through Impact100 Houston's generosity, Santa Maria made updates to the Bonita House campus specifically for our youngest residents, children under the age of 12.

In January of 2023, Santa Maria received another grant from the Episcopal Health Foundation to further expand the Caring for Two program, empowering the organization to magnify its impact on maternal and child health outcomes for pregnant women and those with young children and their families through resources to serve women in the Greater Austin area. Santa Maria began recruiting staff and opened a small Austin office to meet the needs of the families in Travis County who have been impacted by or are at risk for substance use.

Finally, in partnership with Baylor College of Medicine, Santa Maria began providing integrated healthcare services at the Bonita House I-CARE Clinic in March of 2023. The I-CARE Clinic provides integrated primary care and pediatrics, psychiatry and other mental health services, medication assisted treatment and recovery support coupled with care coordination delivered by Santa Maria recovery coaches to address non-medical drivers of health outcomes.

While we at Santa Maria are filled with joy over these accomplishments of tremendous growth, we are equally filled with gratitude for the partners, community leaders, donors, volunteers and goodwill ambassadors who stood with us in steadfast support of making these goals realities. **YOUR ENCOURAGEMENT AND GIFTS TO SANTA MARIA MATTER, AND EACH SEED PLANTED BEARS FRUIT IN THE CHANGED LIVES OF THE WOMEN, CHILDREN AND FAMILIES WE SERVE EACH YEAR.**

THANK YOU!

SINCERELY,

NADINE SCAMP, LMSW, CEO





OUR MISSION

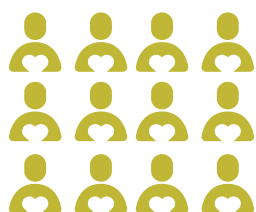
The mission of Santa Maria is to **EMPOWER WOMEN AND THEIR FAMILIES** to lead healthy, successful, productive and self-fulfilling lives.

OUR VISION

Santa Maria strives to be a premier provider of specialized, **TRAUMA-INFORMED, CLIENT-DRIVEN SERVICES FOR WOMEN AND THEIR FAMILIES** to restore hope, transform lives and promote long-term wellness and recovery.



WHO WE SERVE



10,936

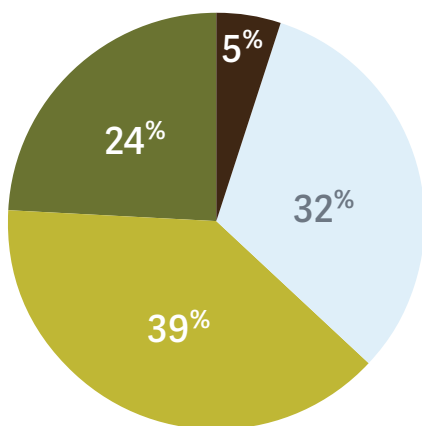
women, children and family members served in 2023
68% INCREASE FROM PREVIOUS YEAR



99%

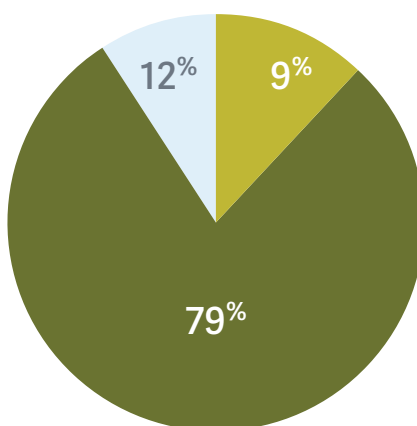
of those served are at or below the poverty level

PARTICIPANT ETHNICITY



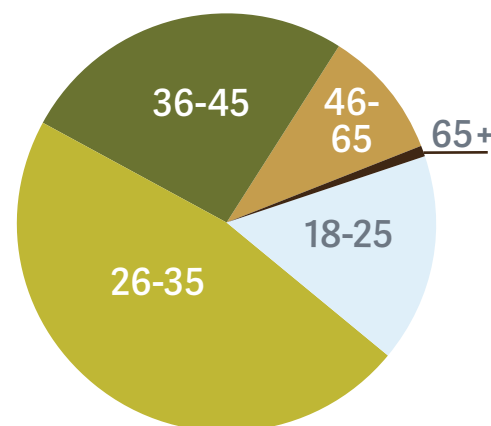
Multiracial
African American/Black
Caucasian/White
Hispanic/Latino

CHILDREN AGE GROUPS



Infant
Toddler
School Age

ADULT AGES



18-25
26-35
36-45
46-65
65+



FINDING ROOTS

VALARIE'S
STORY

10 RECOVERY

"THERE ARE THINGS I
LIVED THROUGH THAT
OTHERS DON'T HAVE TO."



VALARIE GREW UP

in a stable home in Northeast Houston, with two loving and hardworking parents. While Valarie's parents were immensely loving and supportive they did not have the tools to help her when substance use disorder entered her life. In addition, Valarie herself thought she could control her substance use. As a result, chaos began.

Valarie was first introduced to Santa Maria through a justice referral to Jacquelyn House. This is where she began to first build recovery capital and seeds were planted surrounding what Santa Maria could do for her. However, after a re-occurrence, Valarie continued to experience the rough road of substance use and the many challenges that grew in her life as a result.

Several years later and at this time a mother of three children, Destiny, Desiray and Sergio, Valarie grew to realize that she could not control her substance use. In 2015 Valarie was desperately in need of treatment and remembered the care she had received many years ago at Santa Maria. After making a request for treatment, Valarie received a justice referral to participate in residential treatment at Santa Maria's Bonita House. This time Valarie could participate with her children in Santa Maria's Women with Children program. While her oldest daughter chose to continue living with her grandparents, Valarie began treatment at Santa Maria with her ten-year-old daughter and three-year-old son at her side.

Through participating in Santa Maria's Women with Children residential substance use program, Valarie had access to a full array of supportive services such as parenting education, childcare and child development activities, individual and group counseling, family and child (play) therapy, trauma support, career development training, spirituality and life skills training. Valarie participated in all the service offerings Santa Maria had to offer for both her and her children.

Sergio and Desiray participated in and enjoyed play therapy. In addition to play therapy and quality child care, living at Santa Maria afforded the siblings a unique opportunity to bond and strengthen their relationship with their mother. Valarie remembers "At first it was difficult to bond with Desiray, but as I was there to do her hair every morning, we grew closer."

Valarie cites, "The largest difference in my recovery journey is the people at Santa Maria, specifically my counselor Lillie." Within the privacy of individual counseling sessions, Valarie felt the freedom to share her true feelings and what



was weighing her down. "Lillie would say things in a way that I could understand. She helped me to see that I was the maker of my own chaos, and I could change that," Valarie said.

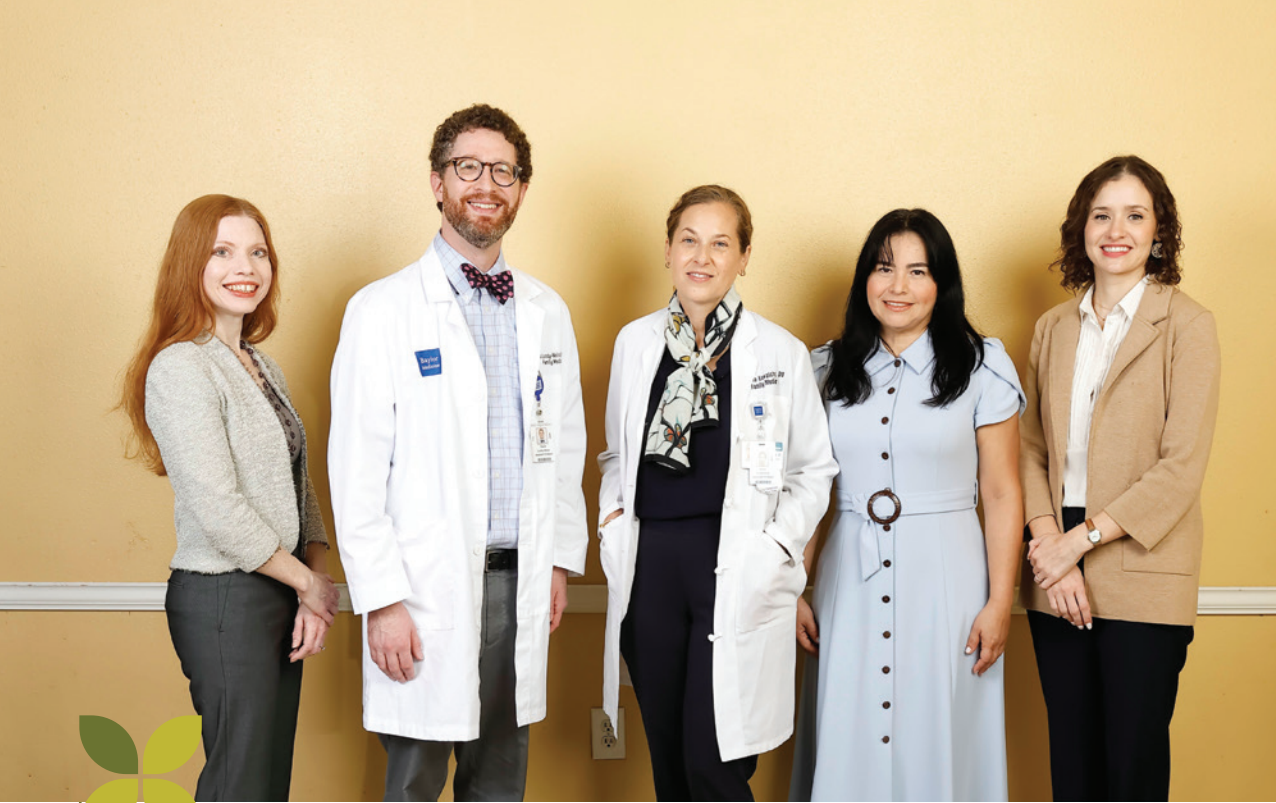
Valarie, Desiray and Sergio continued to grow together as a family and Valarie continued within her recovery journey. After obtaining a job and knowing that she and her children had a safe and stable home with her parents, Valarie was discharged from Santa Maria. She continued to have ups and downs in her life, however the recovery capital she built at Santa Maria along with the bond she formed with her children began to form the strong roots of recovery.

As Valarie's connection to the recovery community and her dedication to living a life of recovery grew, she made a commitment to helping others. "There are things I lived through that others don't have to," Valarie said. She completed a training course to become a certified peer recovery coach. After working for a few years in the community and volunteering to lead meetings at Santa Maria, in 2020 Valarie received a call from Santa Maria staff asking if she would like to work as a full-time recovery coach at the organization where her road to recovery began.



Today Valarie has an **AMAZING RELATIONSHIP WITH HER CHILDREN** who are all thriving and following in their mother's footsteps helping others. Destiny serves as a patient partner at the VA hospital in Houston, working with healthcare staff to learn individual patients care plans and assisting patients with their daily activities. Desiray recently graduated from college and looks forward to a career as an ultrasound technician. Sergio, who has played football since the age of five, is a thriving ten-year-old with dreams of playing in the NFL and becoming an engineer.





I-CARE CLINIC

In March of 2023, Santa Maria was proud to add onsite healthcare services for our participants, via the I-CARE Clinic. The I-CARE Clinic is an integrated, family-based, healthcare setting designed specifically for women's recovery and wellness. In partnership with Baylor College of Medicine Department of Family and Community Medicine, the Clinic provides integrated physical and behavioral health services, coupled with

care coordination delivered by our recovery coaches to address nonmedical drivers of health outcomes such as housing stability and social support. I-CARE Clinic serves as a vital, safe and supportive healthcare home for families impacted by substance use who may not otherwise access care due to cost barriers or fear of how they will be treated by a medical provider unfamiliar with recovery.

THE I-CARE CLINIC HAS BEEN ABLE TO PROVIDE THE FOLLOWING SERVICES TO OUR PARTICIPANTS, ALUMNI AND FAMILIES:

62

**PATIENTS LINKED
TO CRITICAL
SUPPORT SERVICES**

224

**PATIENTS
SERVED**

107

**PATIENTS STARTED
MEDICATION ASSISTED
TREATMENT**

THESE STATISTICS REPRESENT ONLY THE FIRST FIVE MONTHS OF
I-CARE CLINIC OPERATIONS FROM MARCH 2023 THROUGH AUGUST 2023.



I-CARE CLINIC

IMPACT

TWILA'S STORY

Approximately one year ago, Twila was very sick and could not sleep. She had the clear realization that she needed help with her substance use. Searching for a solution, she found Santa Maria's number online and called right away. The very next day Twila was seen by the residential withdrawal management team. After admissions, Twila spent seven days participating in detoxification services at Santa Maria. All in on her recovery journey, she went on to residential treatment followed by outpatient treatment. Throughout her stay, Twila received ongoing healthcare services and Medication Assisted Treatment at the I-CARE Clinic. In addition to meeting her substance use treatment needs, I-CARE physicians also helped identify when Twila had health complications such as extremely high blood pressure and needed to be hospitalized.

"The staff gives me complete peace of mind and I can tell the doctor anything that I need," Twila said. Today Twila feels good and is experiencing life to the fullest through active engagement and awareness. Twila still visits the I-CARE Clinic to receive her Medication Assisted Treatment and shares about Santa Maria with everyone she meets. She is so committed to helping others that Twila is currently enrolled in a six-month program with the University of Houston to become a Peer Recovery Coach.



"I-CARE CLINIC BASICALLY SAVED MY LIFE. THE DOCTORS AND STAFF CARE AND GO THE EXTRA MILE. EVERYONE IS ALWAYS SO CHEERFUL."
-TWILA



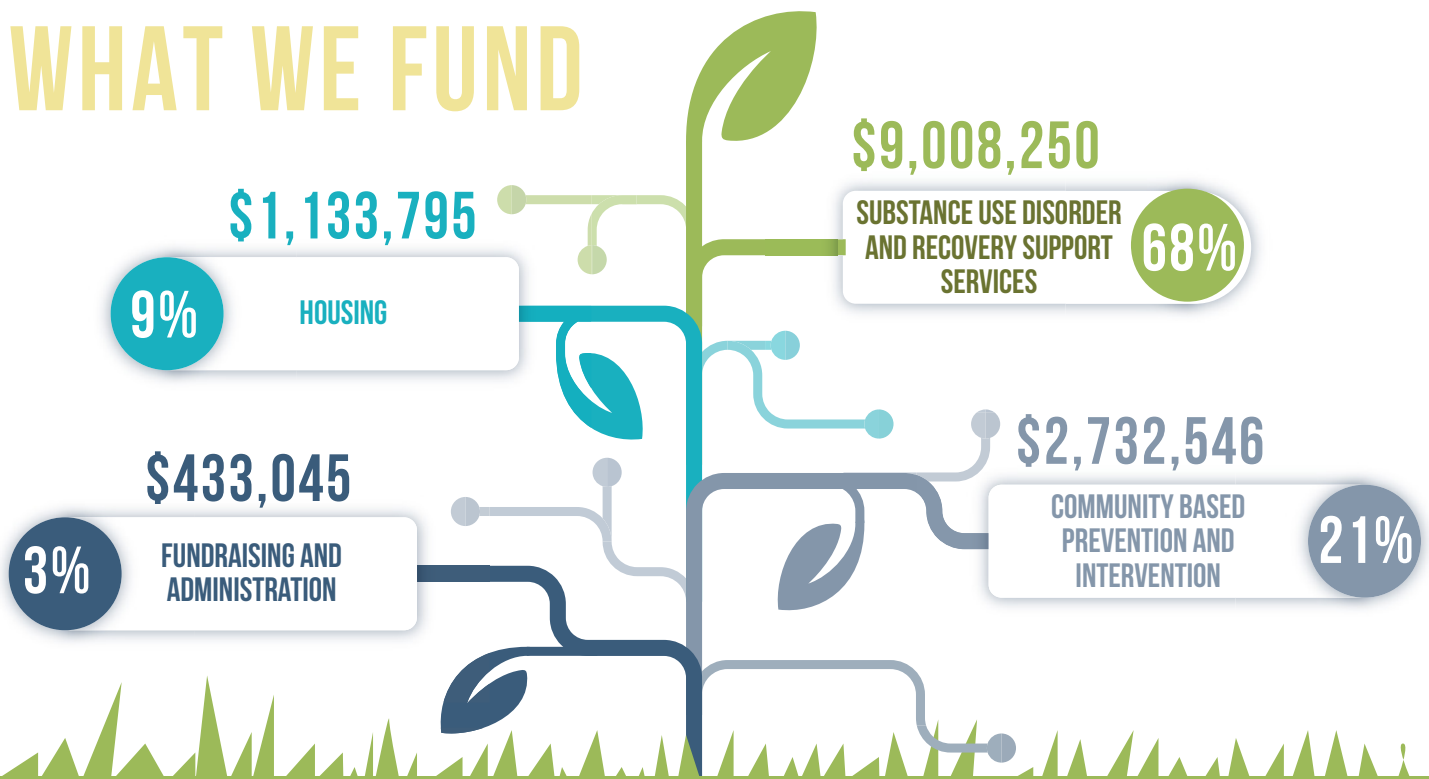
I-CARE CLINIC'S FIRST-CLASS PERMANENT HOME

Thanks to the immense generosity of our Houston community, construction is underway to build a fully equipped space for the I-CARE Clinic. Currently I-CARE personnel have been faithfully serving patients in a temporary space as they eagerly await moving to their permanent home. Construction is set to be fully completed by the fall of 2024.

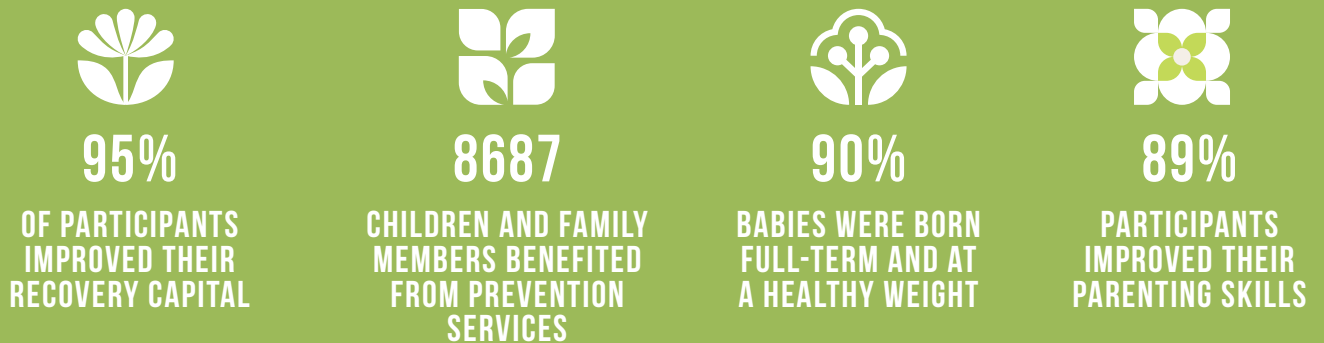
SANTA MARIA
IS GRATEFUL
TO THOSE WHO
CONTRIBUTED TO
I-CARE CLINIC
START UP
SERVICES AND
CONSTRUCTION:

Anonymous Donors
Baylor College of Medicine
Baxter Trust
Cullen Trust for Healthcare
Hamill Foundation
Harris County
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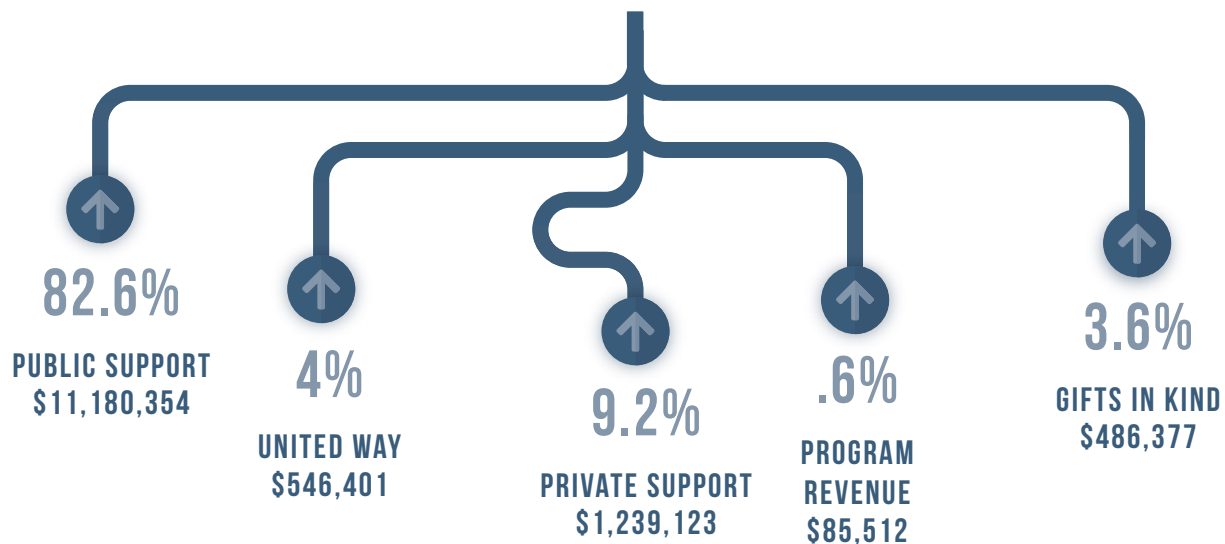
WHAT WE FUND



STATS



HOW WE FUND PROGRAMS



FISCAL YEAR DONORS

9/1/2022 - 8/31/2023

\$200,000 +

Episcopal Health Foundation

Houston Methodist

United Way of Greater Houston

\$100,000 - \$199,999

Hamill Foundation

Impact100 Houston

Texas Mutual

\$50,000 - \$99,999

Baxter Trust

Blue Cross Blue Shield of Texas

Santa Maria Hostel Foundation

\$20,000 - \$49,999

Anonymous
100 Women of Memorial
Catholic Campaign for Human Development
Houston Texans Foundation

Marek Family Foundation
Phillips Family Foundation
Sterling-Turner Foundation

\$10,000 - \$19,999

Anonymous
CenterPoint Energy
Charity Guild of Catholic Women
ExxonMobil Foundation
George and Mary Josephine Hamman Foundation

John P. McGovern Foundation
Kodiak Cares Foundation
Deborah Keyser and James Stafford
Strake Foundation
The William Stamps Farish Fund

\$5,000 - \$9,999

Sylvia Barnes & Jim Trimble
Andrew & Katrina Husmann
Sheryl Mireles
Frank Rynd

Stephen Paul Rohr
Stewart, Hurst, French & Dodson
The Always Do Good Fund
The Lewis and Joan Lowenstein Foundation

\$2,500 - \$4,999

Chapelwood Foundation
Chapelwood United Methodist Church
Community Health Choice
Employer Flexible
Enbridge

Kendra Folh
Kelli Fondren
Andrew and Maylynn Icken
Allen Kekish
Luby's Culinary Services

Moody Bank
NexusTek
Elizabeth Perez
Keith Rudy & Katy Caldwell
Wealth Partners Alliance

\$1,000 - \$2,499

Karl Anderson
Marisa Botros
Chevron
Christ Church Sugar Land
David Claunch
Edge Group
Encap Investments Inc.

Richard Gandy
Frances Ganitano
Girl Scouts (Kinkaid School Troup)
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Lynn Jamison
George Joseph
John Loving

Martin and Linda Meador
Charlie McMordie
Melanie Johnson
Cherry McCall
Melissa McCown
Memorial Drive Presbyterian Church
Gregory Sangalis

Nadine Scamp
Jeryl Schultz
Jo Stevenson
Sandy Wake
Richard Werner
Nikolaos Zanicos

\$500 - \$999

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Sharpen Recovery
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St. Mark's Ministries
St. Luke's Health System
The Menninger Clinic
Renee Wilson
Wings Ministries

\$250 - \$499

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Daughters of Italian Heritage
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Chuck Fulgium
Matthew Gallins
Teresa Garcia
Keith Gray Liles
Kristin Guiney McClees
Ashley Heath

Tim and Tammy Heinrich
Kathryn Jones
Tacara Jones
Kendra Scott
Klein United Methodist Church
Sharon Land
Walter Lynch
Mariane Maximous
Molina Healthcare
Angela Nash

Nancy Nunnery
John O'Neill
Maggie and Jessica Padilla
Vanitha Pothuri
Pro Care RX
Colleen Tallant
Brock Thomas
Regina Thomas
Emily Tofani
Mark Towle
Lisa Valentine

2023 PROGRAMS AND SERVICES



RESIDENTIAL AND OUTPATIENT SUBSTANCE USE DISORDER TREATMENT SERVICES FOR WOMEN AND WOMEN WITH CHILDREN

Women participate in CARF accredited treatment services that use evidence based and trauma-informed approaches to support long-term wellness and recovery. This includes a full array of supportive services such as parenting, education, childcare and child development activities, individual and group counseling, family and child therapy, trauma support, medication assisted treatment (MAT,) GED and career development, spirituality, and life skills training.

RESIDENTIAL WITHDRAWAL MANAGEMENT/DETOXIFICATION

In partnership with Baylor College of Medicine, this CARF accredited program is a first step in recovery to medically manage physical withdrawal symptoms and link participants to ongoing care. Detoxification services are both individual and personalized specifically for women.



CRIMINAL JUSTICE PROGRAMS

Treatment alternatives to traditional incarceration for pregnant women and their newborns. Focused on supporting recovery, building life skills and economic stability, and strengthening parenting skills and healthy family bonds, these programs address the root causes of incarceration and reduce recidivism. **BAMBI** is offered through referrals from the Texas Department of Criminal Justice and **WHO** is offered through referrals from Harris County jail and probation.

CARING FOR TWO (CFT)

CFT improves maternal and child health outcomes for pregnant women or those with young children and their families, using an integrated team and services including parenting education and coaching, counseling and behavioral health support, health care navigation and care coordination, peer recovery support services, linkage to treatment and **MAT** when needed. Services are provided for women impacted by or at risk for substance use and trauma, their infants and other family members. Services are home and community based and may extend for up to 18 months.



I-CARE CLINIC

The I-CARE Clinic is an integrated, family based, healthcare setting designed specifically for women's recovery and wellness. In partnership with **Baylor College of Medicine**, the clinic provides integrated primary care and pediatrics, psychiatry and other mental health services, medication assisted treatment, and recovery support, coupled with care coordination to address nonmedical drivers of health outcomes such as housing stability and social supports.





RECOVERY HOUSING

Recovery-oriented housing and supportive services for women and women with children designed to improve access to services, promote long-term wellness and recovery, and obtain economic stability. Recovery Housing is accredited through **TROHN/NARR**.

SURVIVORS OF TRAFFICKING ACHIEVE RECOVERY AND STABILITY (STARS)

STARS provides housing along with substance use treatment and recovery support for survivors of human trafficking. STARS offers services including medical and mental health services, trauma-informed counseling, linkage to legal aid, and employment training or educational opportunities.

VETERANS HOUSING (VIEWS)

VIEWS provides housing and services for homeless female veterans to achieve recovery and stability in the areas of behavioral and physical health, housing, education, and employment.



SCHOOL AND COMMUNITY BASED PREVENTION SERVICES

Santa Maria partners with community organizations and schools to prevent substance use and promote behavioral health and wellness in youth and families. Research based prevention curriculum is delivered in a structured support group setting by highly trained and caring facilitators to help children build the skills and support they need to overcome adversity, gain resiliency skills, improve school performance, and stay away from substance use. In addition, family-focused prevention programming is available for families with elementary or middle school students. Programming strengthens family communication and relationships to better protect children from negative influences and adverse childhood experiences.

RECOVERY SUPPORT SERVICES (RSS)

Peer Recovery Coaches provide coaching and mentoring to reduce barriers to recovery and re-entry, respond to challenges encountered and provide care coordination and linkage to community resources for education, employment, housing, health, social and spiritual needs so that participants may improve their recovery and their long-term health and wellness.



SPECIAL SERVICES



INTEGRATED SUBSTANCE USE AND MENTAL HEALTH SERVICES

Santa Maria offers integrated mental health counseling to promote stabilization and recovery for women with co-occurring psychiatric and substance use disorders.



HEALING HEARTS

Our children's programming utilizes evidence-based curriculum to improve coping and communication skills, helping children set healthy boundaries and enhance their self-worth while in residence alongside their mother at Santa Maria.



Santa Maria

2005 Jacquelyn Dr.
Houston, TX 77055



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US POSTAGE
PAID
HOUSTON, TX
PERMIT 3162



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We're here for
RecovHery



SANTA MARIA



**SANTA MARIA
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