



THE FUTURE IS BRIGHT

2022 ANNUAL REPORT

SANTA MARIA



DEAR FRIENDS,



SANTA MARIA SERVED

422

CHILDREN AGE

0-3

90%

OF BABIES WERE BORN
FULL TERM AND AT A
HEALTHY WEIGHT



2022 was a year of rebirth for Santa Maria, and like our children who are growing and learning at an accelerated pace, Santa Maria is moving full speed ahead.

We were honored this year to be chosen as a Community Stars award recipient. This award is sponsored by the Houston Office of the Drug Enforcement Administration (DEA), Houston Crackdown Division of the Mayor's Office of Public Safety and Homeland Security, and Clear Channel Communications and is designed to honor

organizations and individuals that contribute toward reducing substance use disorders and crime in their neighborhoods and communities. We are proud of our role in not only strengthening individual lives, but in strengthening our entire community.

Santa Maria continued to expand and deepen our programs for families with pregnant mothers or those with young children, helping families build safe, stable, nurturing relationships with their children by ensuring their own physical and emotional health needs are met and then providing the skills and support to build positive emotional connection with their children. We focused on building out Caring for Two in outlying areas such as Montgomery County and Baytown, and continued to grow our relationship with the Ben Taub Maternal Perinatal Addiction Treatment Clinic and other healthcare providers to help create equitable access to behavioral health and prenatal care for women and their families. Our expanded presence in the community, linking women and families with needed services such as substance use treatment, led to what one may call a baby boom at Santa Maria. We were blessed to serve 422 children ages 0-3 years in 2022.

With an expanded number of infants and toddlers in residence, Santa Maria's need for baby items, loving hands to rock babies, and additional educational opportunities increased throughout 2022. These needs were continually met by generous community members. From hunting down cans of formula amid a nationwide shortage to volunteers undergoing training to spend several hours each week as "cuddles" volunteers for our youngest residents, your generosity has propelled us through 2022 to focus on future growth and new horizons.

SANTA MARIA IS MOVING FULL SPEED AHEAD.

SINCERELY,

NADINE SCAMP, LMSW, CEO



OUR MISSION

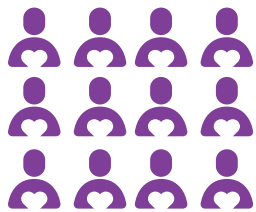
The mission of Santa Maria is to empower women and their families to lead healthy, successful, productive and self-fulfilling lives.

OUR VISION

Santa Maria strives to be a premier provider of specialized, trauma-informed, client-driven services for women and their families to restore hope, transform lives and promote long-term wellness and recovery.



WHO WE SERVE

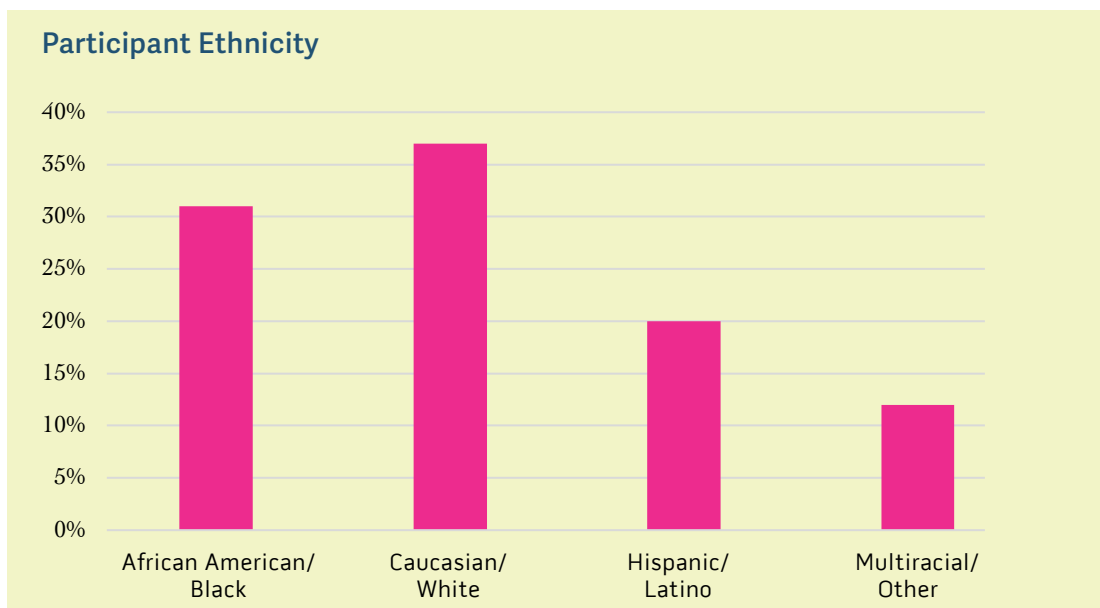


6,506

women, children and family members participated in programs and services

99%

of those served are at or below the poverty level





“SANTA MARIA CHANGED MY WHOLE FAMILY,” TAYLOR SAID, “THREE GENERATIONS HAVE BEEN IMPACTED.”

FULL SPEED AHEAD

– TAYLOR'S STORY

WHEN TRAGEDY STRIKES A FAMILY, MANY LACK THE TOOLS AND SUPPORT NEEDED TO REMAIN ON A STABLE FOOTING.

Taylor grew up in a loving home with her father and stepmother, surrounded by a supportive faith community. However, in her mid-teens both of her parents experienced the loss of one of their parents. They struggled to cope with these back-to-back tragedies and the home grew increasingly chaotic. After coping essentially on her own for about a year, the once goal-oriented and academically focused Taylor no longer wanted to go home.



Without a safe space to land, Taylor began using substances to cope. Taylor was financially secure after gaining a well-paying sales job, but she was battling substance use disorder, and the additional income was used to pay for drugs. Eventually she found herself in a place with no hope and with suicidal thoughts. After discovering she was pregnant, Taylor wanted to ensure her baby was born safely, but she did not have the tools she needed to treat her substance use and mental health disorders or to prepare for motherhood.

After her son Ayden was born, Taylor tested positive for substances during her hospital stay. While an unfortunate circumstance, it helped set Taylor on the path to receiving the substance use treatment she needed via involvement with Child Protective Services.

"I loved Ayden too much to consider suicide anymore. I was determined to live and be sober for my son" Taylor remembers. Fort Bend County's 328th District Court, specializing in family law cases, referred Taylor to Santa Maria for residential substance use treatment. Initially the court did not recommend that Ayden join her, and so Taylor began treatment at Santa Maria's Jacquelyn Campus for women not accompanied by their children. After just over a month of fully participating in her recovery and through the advocacy of Santa Maria counselors and coaches, Ayden and Taylor were re-united and moved to Santa Maria's Bonita campus to participate in the Women with Children treatment program.

The full continuum of programs and services available to Taylor at Santa Maria made a tremendous difference for her recovery journey. She engaged fully with the Santa Maria staff and took on every learning opportunity with a renewed fervor for growth. Taylor was once again focused and working toward achieving her goals.

Engaging with Santa Maria's counselors in both group and individual sessions is a key component of the Women with Children treatment program. Counselors utilize evidence-based curricula and trauma-informed approaches that are designed to support long-term recovery and healthy and stable families. Counseling coupled with parenting classes gave Taylor a systemic understanding of substance use disorder and how she could actively prevent similar issues from occurring in her son Ayden's life. Her Caring for Two parent coach provided practical information and tools to help her with building a

strong connection with her baby, laying a solid foundation for Ayden's development. She learned about the importance of safe, stable caregiver relationships and how to build such a relationship with her son. Brain science tells us that protective factors such as strong parent-child relationships help protect children from the effects of adverse childhood experiences and builds their capacity for resiliency. This in turn helps break the cycle of addiction and trauma, providing the best possible opportunity for children to reach their full potential in life.

Santa Maria offers participants a Peer Recovery Coach to provide coaching and mentoring to reduce barriers to recovery, respond to challenges, and provide care coordination and linkage to community resources such as education, employment, housing, health, and social and spiritual needs. By engaging regularly with her Peer Recovery Coach, Taylor became hopeful for the future, seeing firsthand what success in recovery looks like. Like the strong positive relationship, she was building between herself and her son, Taylor began building strong positive relationships with others in recovery, strengthening her own social support system to foster long-term recovery and wellness.

Santa Maria also offers participants integrated mental health counseling to promote stabilization and recovery for women with co-occurring psychiatric and substance use disorders. Engaging in these services gave Taylor a safe space to explore her mental health. She learned how substance use disorder and mental health are related and that actively taking care of one's mental health can prevent relapse.

"Santa Maria changed my whole family" Taylor said. **"Three generations have been impacted."** While at Santa Maria, Taylor's drive for learning and to strive academically returned in a big way. "One of our assignments was a recovery bucket list of 100 items - I have crossed off 50." Taylor said very proudly. Today Taylor works at Avenue360, a health and wellness organization providing primary, behavioral health, and dental care to medically underserved communities, and she is working to achieve her goal of becoming a Licensed Chemical Dependency Counselor via classes at San Jacinto College.

Still focused on the future, Taylor has many more goals including obtaining her PhD and writing her own curriculum for recovery. **Taylor is not looking back. She is taking every tool, piece of knowledge and relationship she gleaned at Santa Maria and is moving full speed ahead.**



PROVIDING THE BEST THROUGH PARTNERSHIP

VOLUNTEER PARTNERS

FEATURING WORTHY OF LOVE

In 2022, Santa Maria welcomed more than 1,000 volunteers through both group and individual volunteer opportunities. One of the most dedicated volunteer groups is Worthy of Love, who partner with Santa Maria monthly. Worthy of Love is a California based organization that exists to create positive experiences and life-long memories for unhoused youth and their families, by providing all-expenses-paid birthday parties to them as they navigate life's most challenging circumstances. Founder Mary Davis grew up in the greater Houston area and desired to bring quality Worthy of Love birthday parties to Houston. Santa Maria is delighted to serve as the host site for Worthy of Love Houston, kicking off the first campus wide birthday celebration in March of 2022. Each month Worthy of Love provides an all-inclusive birthday party experience for Santa Maria participants, with one clear message "you are Worthy of Love."



HEALTHCARE PARTNERS

FEATURING AVENUE360

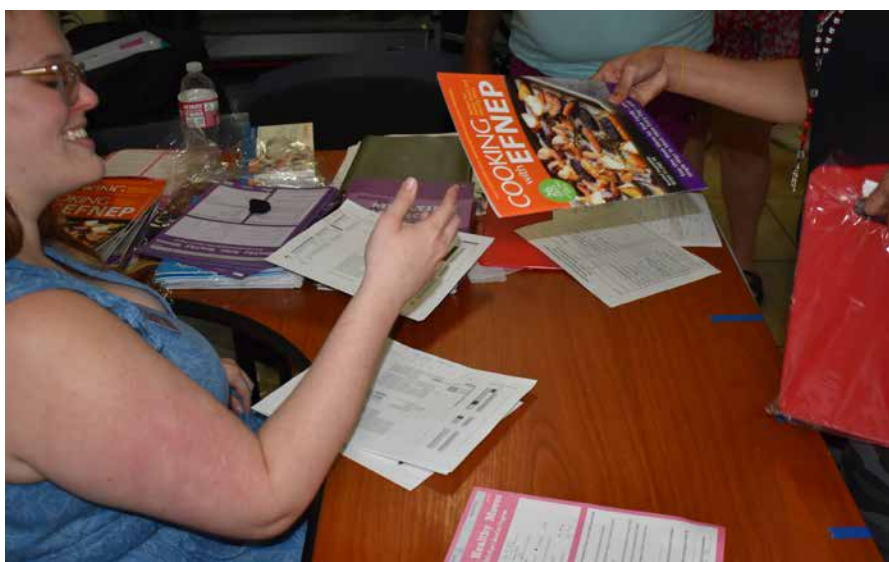


Santa Maria is pleased to partner with a diverse slate of healthcare professionals to meet the varied needs of Santa Maria participants in residential care and in our greater Houston community. One dedicated healthcare partner is Avenue360, an organization that provides high quality and caring services to promote healthy people and communities. Dedicated staff members visit Santa Maria's campuses bi-weekly to provide valuable screening for HIV, STDs and pregnancy. Testing results are made the same day. If there are any concerns or positive screening results, emergency appointments are made at the Avenue360 clinic. This allows for early detection and treatment for all of Santa Maria's incoming residents. Through this partnership Santa Maria participants have a clearer picture of their healthcare needs and a first step for addressing them.

EDUCATION PARTNERS

FEATURING TEXAS A&M EXTENSION AND PRAIRIE VIEW A&M

Education is at the forefront of Santa Maria's programs and services. Through unique continuing education partnerships, Santa Maria participants are able to learn valuable life skills to aide in personal growth and ongoing achievements. Texas A&M Extension office and Prairie View A&M staff generously visit Santa Maria campuses teaching nutrition classes. Classes contain information on healthy eating to reduce stress and support recovery. In addition, participants learn recipes, meal planning, and grocery shopping with a limited budget.



SPIRITUAL PARTNERS

FEATURING MERCY STREET MINISTRIES

Spirituality plays a vital role in the recovery journey for many Santa Maria participants, facilitating the opportunity to reach out to something bigger than themselves. To provide diverse opportunities for spiritual growth Santa Maria relies on a variety of partners. Mercy Street Ministries serves as a shining example of a true spiritual partner. Mercy Street creates a safe harbor of hope and transformation so that all may experience the radical love of God. Mercy Street staff and volunteers regularly visit Santa Maria teaching classes, holding babies, leading arts and crafts activities, and offering optional opportunities for communal worship. Many Santa Maria alumni continue to engage with and volunteer at Mercy Street.

WHAT WE FUND



66.8%

\$8,015,719

**SUBSTANCE USE DISORDER
AND RECOVERY SUPPORT
SERVICES**



11.2%

\$1,337,572

HOUSING



18.5%

\$2,221,264

**COMMUNITY BASED
PREVENTION AND
INTERVENTION**



3.5%

\$418,556

**FUNDRAISING AND
ADMINISTRATION**

90%

**MAINTAINED RECOVERY
FROM SUBSTANCES AT
60 DAYS FOLLOW-UP**

4,717

**CHILDREN AND
FAMILY MEMBERS
BENEFITED FROM
PREVENTION SERVICES**

87%

**SECURED PERMANENT
HOUSING**

96.5%

**OF REVENUE WENT TO
PROGRAM SERVICES**



HOW WE FUND PROGRAMS

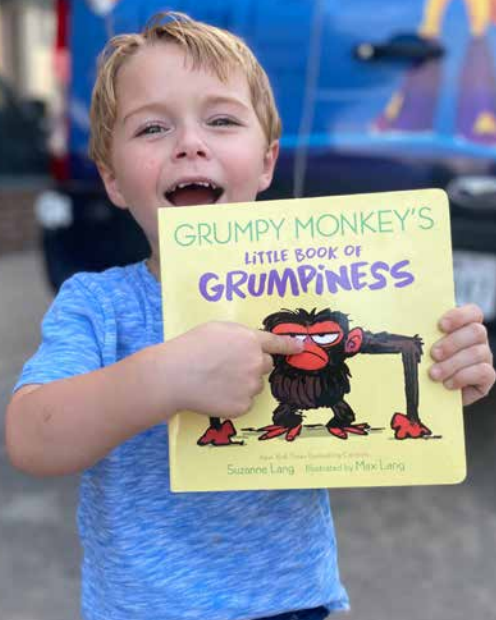
84% PUBLIC SUPPORT (\$9,321,748)

7% PRIVATE SUPPORT (\$856,141)

4.8% UNITED WAY (\$586,169)

.29% PROGRAM REVENUE (\$35,124)

3.8% GIFTS IN-KIND (\$458,833)



FISCAL YEAR DONORS

9/1/2021 – 8/31/2022

\$200,000 +

Houston Methodist

United Way of Greater Houston

\$100,000 - \$199,999

Santa Maria Hostel Foundation

Texas Mutual

\$50,000 - \$99,999

Anonymous

Blue Cross Blue Shield of Texas

The Hamill Foundation

\$20,000 - \$49,999

Americares
Houston20
Marek Family Foundation

Memorial Drive Presbyterian Church
Sterling-Turner Foundation
The William Stamps Farish Fund

\$10,000 - \$19,999

Anonymous
Charity Guild of Catholic Women
HEB
Andrew and Katrina Husmann
The Lewis and Joan Lowenstein Foundation

CenterPoint Energy
George and Mary Josephine Hamman Foundation
Albert and Ethel Herzstein Charitable Foundation
Luby's Culinary Services
John P. McGovern Foundation

\$5,000 - \$9,999

Sylvia Barnes and Jim Trimble
ExxonMobil Foundation
Holy Family Episcopal Church
Deborah Keyser and James Stafford
McGovern Medical School Class of 2025

Sheryl Mireles
NexusTek
Keith Rudy and Katy Caldwell
Stewart and Hurst
Strake Foundation

\$2,500 - \$4,999

Andrews Foundation
Community Health Choice
Chris and Panadda Davenport
Employer Flexible

Enbridge
Kelli Fondren
Andy and Maylynn Icken
Legacy Community Health Services

Stephen and Kristin Mendonca
Moody Bank
Elizabeth Perez

\$1,000 - \$2,499

American Pacific Mortgage –
The Kelso Group
Karl Anderson
Marisa Botros
Chapelwood United Methodist Church
David Claunch
Mary Anne Donovan

First 3 Years
Dr. Alicia Kowalchuk
Hobert and Sue Plunkett
Stephen Paul Rohr
Frank Rynd
Karen Sanders
Nadine Scamp

Jeryl and Lawrence Schultz
Shell Oil Company
Jo Stevenson
United Way of Greater Kansas City
J. Byron and Sandy Wake
Zion Lutheran Church

\$500 - \$999

America's Best Charities Houston
Phillip and Pamela Briggs
Celanese Foundation – Mariane Maximous
Chevron

Matthew Gallins
Victoria Gipson
Carol Johnson
Drs. Maria and Jai Mejia
The Menninger Clinic

New Life Adoptions
Barbara and Wayne Page
Debra Salser
Laura Thomas
Walmart Foundation

\$250 - \$499

C & D Scrap Metal Recyclers
Jane Clark
Elaine Chaney
Richard Chapman
Mary Covington

Teresa & Francisco Garcia
Kimberly Gibbons
Douglas Hidalgo
Kristin Guinney McClees

Network for Good
Madison Schrimsher
Brock Thomas
Stuart and Jane Weil
Wings Ministries

90%
OF WOMEN MAINTAINED
RECOVERY FROM
SUBSTANCES AT
60-DAY
FOLLOW-UP



RESIDENTIAL AND OUTPATIENT SUBSTANCE USE DISORDER TREATMENT SERVICES FOR WOMEN AND WOMEN WITH CHILDREN

Women participate in **CARF** accredited treatment services that use evidence based and trauma-informed approaches to support long-term wellness and recovery. This includes a full array of supportive services such as parenting, education, childcare and child development activities, individual and group counseling, family and child therapy, trauma support, medication assisted treatment (**MAT**), GED and career development, spirituality, and life skills training.

78%
OF ALL RESIDENTIAL
DETOXIFICATION PARTICIPANTS
WENT ON TO UTILIZE RESIDENTIAL
SUBSTANCE USE DISORDER TREATMENT

RESIDENTIAL WITHDRAWAL MANAGEMENT/ DETOXIFICATION

In partnership with Baylor College of Medicine, this **CARF** accredited program is a first step in recovery to medically manage physical withdrawal symptoms and link participants to ongoing care. Detoxification services are both individual and personalized specifically for women.

86
MOTHERS AND BABIES
SERVED VIA THE WHO AND BAMBI
(JUSTICE INVOLVED) PROGRAMS

CRIMINAL JUSTICE PROGRAMS

Treatment alternatives to traditional incarceration for pregnant women and their newborns. Focused on supporting recovery, building life skills and economic stability, and strengthening parenting skills and healthy family bonds, these programs address the root causes of incarceration and reduce recidivism. **BAMBI** is offered through referrals from the Texas Department of Criminal Justice and **WHO** is offered through referrals from Harris County jail and probation.

90%
OF BABIES WERE
BORN FULL TERM
AND AT A HEALTHY
BIRTH WEIGHT



CARING FOR TWO (CFT)

CFT improves maternal and child health outcomes for pregnant women or those with young children and their families, using an integrated team and services including parenting education and coaching, counseling and behavioral health support, health care navigation and care coordination, peer recovery support services, linkage to treatment and **MAT** when needed. Services are provided for women impacted by or at risk for substance use and trauma, their infants and other family members. Services are home and community based and may extend for up to 18 months.

MORE THAN
1,700
WOMEN BENEFITED
FROM RECOVERY
SUPPORT SERVICES

RECOVERY SUPPORT SERVICES (RSS)

Peer Recovery Coaches provide coaching and mentoring to reduce barriers to recovery and re-entry, respond to challenges encountered and provide care coordination and linkage to community resources for education, employment, housing, health, social and spiritual needs.





87%

EXITED TO
PERMANENT HOUSING

RECOVERY HOUSING

Recovery-oriented housing and supportive services for women and women with children designed to improve access to services, promote long-term wellness and recovery, and obtain economic stability. Recovery Housing is accredited through **TROHN/NARR**.

SURVIVORS OF TRAFFICKING ACHIEVE RECOVERY AND STABILITY (STARS)

STARS provides housing along with substance use treatment and recovery support for survivors of human trafficking. STARS offers services including medical and mental health services, trauma-informed counseling, linkage to legal aid, and employment training or educational opportunities.

VETERANS HOUSING (VIEWS)

VIEWS provides housing and services for homeless female veterans to achieve recovery and stability in the areas of behavioral and physical health, housing, education, and employment.

PREVENTION SERVICES
ARE PROVIDED IN

FOUR

GREATER HOUSTON AREA
SCHOOL DISTRICTS
REACHING

4,717

CHILDREN AND FAMILY MEMBERS

SCHOOL AND COMMUNITY BASED PREVENTION SERVICES

Santa Maria partners with community organizations and schools to prevent substance use and promote behavioral health and wellness in youth and families. Research based prevention curriculum is delivered in a structured support group setting by highly trained and caring facilitators to help children build the skills and support they need to overcome adversity, gain resiliency skills, improve school performance, and stay away from substance use. In addition, family-focused prevention programming is available for families with elementary or middle school students. Programming strengthens family communication and relationships to better protect children from negative influences and adverse childhood experiences.

67%

OF SANTA MARIA PARTICIPANTS
ENGAGE IN MENTAL HEALTH SERVICES

INTEGRATED SUBSTANCE USE AND MENTAL HEALTH SERVICES

Santa Maria offers integrated mental health counseling to promote stabilization and recovery for women with co-occurring psychiatric and substance use disorders.

98%

OF CHILDREN WHO ENGAGED
IN MENTAL HEALTH SERVICES
SAW IMPROVEMENTS IN
MENTAL HEALTH, TRAUMA
AND BEHAVIORAL SYMPTOMS



HEALING HEARTS

Santa Maria's children's programming that utilizes evidence-based curriculum to improve children's coping and communication skills, helps them set healthy boundaries and improve their self-worth while in residence alongside their mother at Santa Maria.

BOARD OF DIRECTORS

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LISA CARPENTER
KELLI FONDREN

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FRANK RYND

SANTA MARIA



SANTA MARIA
HEADQUARTERS

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We're here for
RecovHery

