SANTA MARIA



Report STRONG FAMILIES

We're Here for RecovHERy– KRISTINA'S STORY:



Kristina began to "lose her grip" when her husband, the father of her small daughter, lost his life. She turned to Santa Maria in 2012 for the first time to begin treatment. For a long while after, she maintained her sobriety and began to build a new life—but then she felt it all "crumbling inside". She phoned her former SMH counselor, Lucia DePaoli, a phone number she had kept close, and asked if she could return for more treatment. She was accepted with open arms.

Often, recovery does not follow a straight ascent. There are trials and barriers that knock an individual down along the way. It is in the learning from attempts at sobriety where hope emerges from desperation. An individual remembers that there is a community that cares and is willing to assist. Humbly asking for help is the first step to resume the journey.

This time in treatment, Kristina was able to focus on her early childhood trauma and loss through important sessions with her guiding counselor. Her individualized trauma therapy made all of the difference. She began to realize that the early onset of poorly treated childhood depression had hijacked her development and future.

She completed medical detoxification followed by 90 days of treatment at Jacquelyn House. Her daughter waited under the watchful eye of family, whose support and love pulled Kristina through. Then, to her great delight, her seven year old daughter joined her in their new transitional apartment on the Bonita House campus. That first day together, they enjoyed the simple pleasures of the playground and a chance to sit in their new home, braiding hair.

Kristina is determined to give her daughter a life of possibilities. She makes time daily to listen and validate her thoughts and keen insight. She is grateful for the play therapy that is afforded to her child. She relishes the conversations and the expressions of her daughter's feelings, a skill her child has learned through counseling. Kristina plans to obtain a certification in Recovery Coach Training and begin anew helping others to find the community of recovery. She is the face of RecovHERy.

COMMUNITY SUPPORT

\$100,000+ United Way

\$50,000-\$99,999

Houston Methodist Sisters of Charity Santa Maria Hostel Foundation Episcopal Health Foundation

\$20,000–\$49,999 Chapelwood United Methodist Church The Simmons Foundation Stage-Palais Royal

\$10,000-19,999

Centerpoint Energy Enrico and Sandra Di Portanova George and Mary Josephine Hamman Fdtn Historical Texas Treasures Inc John P McGovern Foundation Marek Bros. Systems, Inc. Memorial Drive Presbyterian Church Offserv Engineering, LLC Sylvia Barnes and Jim Trimble The John M. O'Quinn Foundation Marek Family Foundation

\$5,000-\$9,999

Albert and Ethel Herzstein Charitable Fdtn Houston Texans Foundation Save The Children, Inc.

\$2,500-\$4,999

Arturo Vivar Jr. Claudia Yanez-Garcia Frank Rynd I W Marks Jewelers LP Icken Family Gift Fund Kelli Fondren Elizabeth Perez Insperity Services, LP Walmart Deborah Keyser

\$1,000-\$2,499

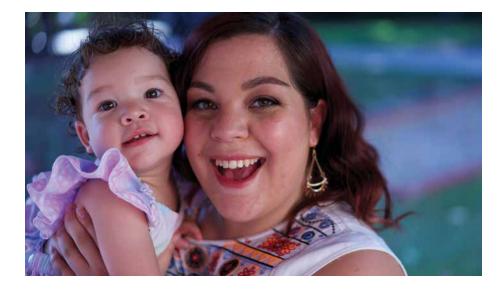
Amegy Bank Janet and James Simmons Jon R Trumble Kimberly C Cotner North Texas Community Foundation Texas Association of Addiction Professionals Alicia Ann Kowalchuk Pamela Erwin Carol Gregory Esther Chung Exxonmobile Foundation

\$500-\$999

American Addiction Centers Antonio R Sanchez III Emmanuel Episcopal Church Jeryl Schultz JETAR LLC Recovery Unplugged Robert and Marjo Richmond Steven L Gordon Catalina Schultz Adam and Amber Ward Capital Group St. Mark's Episcopal Church Noble Energy Roth Staffing Companies, LP Truist - Nadine Vandergriff

\$250-\$499

Brian and Mary Anderson Bridge Literacy Now, Inc. Cindy and Les Fox Elinor Lottinville Jessica Johnston Keith Liles Mary Rose Milloy Nadine Scamp **Office Furniture Innovations** Paul Dunphy **Robert Eury** Halliburton Giving - Richard Chapman Kathleen J Callan Larry Keast Milchele Wibbelsman Philip and Pamela Briggs Charitable Fund Steve Winter WINGS Ministries Fort Bend Regional Council **Chenoa Bailey** Denise Bradley Margarita Hernandez Scott Fenton Portia Norris Jo E Stevenson **Diane Merrill** Harris County District Attorney's Office J Byron Wake Lisa Carpenter Michelle Teel



WHO WE ARE

MISSION

The mission of Santa Maria is to empower women and their families to lead healthy, successful, productive and self-fulfilling lives.

1,432 CHILDREN BENEFITED FROM SERVICES **118** Healthy babies born

538

CLIENTS REUNITED WITH CHILDREN AFTER COMPLETING TREATMENT



VISION

Santa Maria strives to be a premier provider of specialized, trauma-informed, client-driven services for women and their families to restore hope, transform lives, and promote long-term wellness and recovery.

THE ROAD TO RECOVERY STARTS HERE

The road to recovery can take many different paths and Santa Maria is here to pave the way for women and children. From recovery from addiction, to recovering from homelessness, incarceration, abuse and other traumas, Santa Maria has the experience and compassion to offer a hand up and change lives.



FROM OUR CEO



As you probably know, Santa Maria has been serving Houston and the surrounding areas since the mid 1950's. We have continued to evolve to meet community needs by expanding and refining our continuum of care. With this 2018 impact report, *Strong Families*, we focus on our growth in family-based services. Studies show that individuals do much better in recovery with family support and understanding. In addition, research has shown the profound impact traumatic experiences, such as maternal substance use, loss or removal of a parent, or child abuse and neglect, have on a child's developing brain. Thankfully, research has also shown that strengthening the bond between parent and child (improving maternal-child attachment) is a strong protective factor and can help children overcome these early adverse experiences. We have been developing and expanding our services to help families build resiliency, improve parent-child attachment, and address issues such as addiction, mental health, incarceration and housing instability as early as possible in a child's life so that families are equipped with the skills and support they need to thrive. Related to this, we have expanded our community-based services for pregnant women, their infants and families by strengthening ties with clinic and healthcare partners and improving the system of care to best support mothers and their families prenatally and beyond. Through these efforts, we hope to

impact not only individual families, but also reduce maternal and infant morbidity and mortality and improve community health outcomes.

In addition, we were thrilled to achieve national CARF (Commission on Accreditation of Rehabilitation Facilities) accreditation in 2018 for detoxification/withdrawal management, residential treatment and outpatient treatment. This certification recognizes our commitment to excellence in service quality, and we pledge to continue to deliver our services with the highest level of professionalism and compassion.

SINCERELY,

Undie Acops

NADINE SCAMP, LMSW

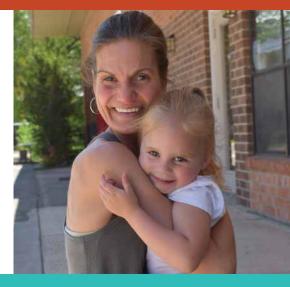
910 FAMILY MEMBERS SERVED 924

CHILDREN SERVED WITH PREVENTION RESILIENCE SERVICES

1,167 WOMEN BENEFITED FROM

TREATMENT & RECOVERY SUPPORT SERVICES

Santa Maria is one of the few treatment centers in Texas that provides a full continuum of care for pregnant and parenting women that is designed to support them—and their children—as they travel along the personal road to recovery.



OUR GOALS

HELP WOMEN ACHIEVE AND MAINTAIN long term recovery from addiction and trauma

STRENGTHEN parent-child attachment and bonding

BUILD RESILIENCY in children and families enabling them to reach their full potential

5,721 INDIVIDUAL WOMEN, CHILDREN, & FAMILY MEMBERS

WERE PROVIDED SERVICES



OF EVERY DOLLAR GOES DIRECTLY TO PROGRAM SERVICES

100+

COLLABORATIONS WITH COMMUNITY PARTNERS

OUR IMPACT

98%

IMPROVED COPING SKILLS (CHILDREN IN PREVENTION SERVICES) 83%

SECURED PERMANENT HOUSING (HOUSING SERVICES) 80%

IMPROVED PARENTING SKILLS (INTERVENTION & TREATMENT SERVICES)

> <13 recidivism

CRIMINAL JUSTICE PROGRAM (BAMBI)

87%

EMPOWERED TO TAKE CHARGE OF THEIR OWN RECOVERY (TREATMENT SERVICES) 84%

MAINTAINED RECOVERY FROM SUBSTANCES AT 60 Days Post treatment follow up (treatment services)

FISCAL YEAR 2018 HIGHLIGHTS

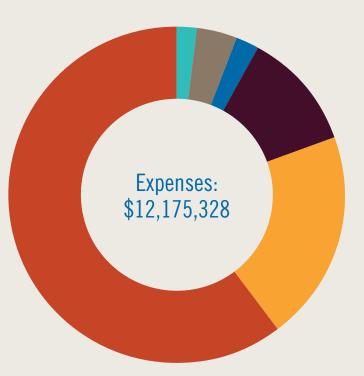
Support and Revenue

Government Funding	\$ 10,665,917
Private Contributions, Churches and Foundations	853,864
Misc. Program Revenue	651,948
United Way	198,137
Program Fundraiser	137,248
Other Income	112,875
Total Revenue	\$ 12,619,989

Expenses

Program Services	\$	11,483,804
Substance Use Disorder Services		7,348,223
Integrated Services/Education/Outreach		2,470,285
Supportive Housing		1,399,182
Veteran's Services		266,114
Management and Administrative		484,339
Fundraising		207,185
Total Expense		12,175,328

Support and Revenue: \$12,619,989



84.5%	GOVERNMENT FUNDING
6.8%	PRIVATE CONTRIBUTIONS, CHURCHES, & FOUNDATIONS
5.2%	MISC. PROGRAM FUNDING
1.6%	UNITED WAY
1.1%	PROGRAM FUNDRAISER
0.8%	OTHER INCOME



BOARD OF DIRECTORS

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> **KEITH RUDY** Secretary

VETA BYRD-PEREZ Elizabeth Hurst Andrew Icken Deborah Keyser FRANK RYND J. Byron Wake Russell A. Weil

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NADINE SCAMP, LMSW Chief Executive Officer

BARBARA M. PAGE Chief Financial Officer

MARY BUCHNER, LCDC Chief Clinical Officer

SANTA MARIA LOCATIONS

BONITA HOUSE (HEADQUARTERS)

2605 Parker Rd., Houston, TX 77093

000 | F: 713-691-09

JACQUELYN HOUSE 2005 Jacquelyn Dr., Houston, TX 77055 | T: 713-228-0125 | F: 281-657-0956

PASCHALL - WOMEN'S RECOVERY RESIDENCE AND COMMUNITY CENTER 807 Paschall St., Houston, TX 77009 | T: 281-745-8532

ALVIN OUTPATIENT TREATMENT

713 W. Adoue St, Houston, TX 77511 | T: 281-831-7754



United Way of Greater Houston





SANTA MARIA



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