

## SANTA MARIA



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## A Time to Reflect

As another year quickly comes to a close it is time to look back and reflect on the many success stories at Santa Maria. It has been an extremely busy year with more than 4,900 women and children receiving life changing services. Please know that this would not have been possible without the gracious support from the community and people like you. The successes of our women and children are <u>your</u> successes and we are humbled and grateful to partner with you in providing a positive social impact to our clients and the community at large.

For the past 58 years, Santa Maria has been committed to empowering women and their families to lead healthy, successful, productive, and self-fulfilling lives. This is not only our mission, but it is what drives us everyday to do the work we do. As the number of clients we serve continues to increase the breadth of services has expanded as well to address many complex needs. Santa Maria is committed to providing a comprehensive continuum and fill in any service gaps that may be absent for the care of women and their families throughout Houston and beyond.

One of our hallmark programs addressing the many needs of the women and their family is MIRRORS (Maternal Initiative for Reflective Recovery-Oriented Residential Services) which expands and greatly enhances our residential substance abuse treatment program. Designed and implemented in partnership with medical and behavioral health staff from the Baylor College of Medicine and Interface-Samaritan Counseling, MIRRORS works with our pregnant and post partum women and their families, providing critical services such as mental health counseling, family and child therapy, male engagement coaching, and health care. By supporting the entire family, we maximize the opportunity for long term recovery and the ability of the entire family to thrive. MIRRORS has seen some incredible outcomes, but none more important than the voices of our clients:

> My mother learned to stop doing things that hurt her and me too. Thank you Santa Maria. ~ Kelsey age 12

One of the many blessings I experienced at Santa Maria was the parenting classes. ~ Amanda, Santa Maria client

MIRRORS has helped my gain something back that I thought was lost–my family. ~ Adika, Santa Maria client

I would like to challenge you to put this letter down and go to the nearest mirror and take a long look at your reflection. Instead of seeing yourself, picture a mom in crisis, a family in turmoil, or a child without a home. Close your eyes and fully immerse yourself into their lives. Open your eyes and know that Santa Maria's comprehensive services and compassionate staff are here to help because there is hope and there is success through recovery. But we can't do it alone. Please consider giving generously to Santa Maria's Annual Campaign designated to support the MIRRORS program and help Kelsey, Amanda, Adika, and hundreds like them in the process of putting their lives and families back together. Your generous contribution is tax deductible and .93 cents of every dollar goes directly to program services. Thank you for your time and continued support.

For the Families,

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Nadine Scamp, LMSW Chief Executive Officer



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