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## Santa Maria Expands its Continuum of Care



As part of its effort to provide a comprehensive continuum of care for women in the Houston area, Santa Maria proudly announced the opening of residential detoxification services on July 1, 2014. This unique program is the only one of its kind in the region offering detoxification services to uninsured women.

Santa Maria’s CEO, Nadine Scamp, LMSW, stated that “Over the years, we have seen an increase in women needing detoxification services in order to begin the treatment and recovery process.” Scamp continued,

*“Santa Maria’s newest program will be a vital first step for some women to get on the path to recovery.”*

Residential medical detoxification’s function is to medically supervise clients to assure their stability while weaning or “detoxing” from drugs or alcohol. Eligible clients are active users of opioids, alcohol, anxiolytics, and/or benzodiazepines that meet criteria for current dependence with physiological symptoms. In partnership with two physicians from the Baylor College of Medicine and nurses from Santa Maria, the detoxification program will be staffed 24 hours a day/7 days a week. The program capacity is currently at eight (8) beds with an average four (4) day length of stay.

After the detoxification process, eligible clients will be referred to Santa Maria for treatment and recovery programs.

# A CHAMPION FOR THE CAUSE

A person is not born a champion - they are made through hard work, dedication and commitment. Many, like Santa Maria Recovery Coach Michelle, have had to overcome trials and hardships to earn that distinction.

Michelle's story, like so many here at Santa Maria, begins with serving a lengthy prison term on a felony conviction after losing the battle with drugs and alcohol. Once released from prison Michelle was ready to start her life but quickly fell victim to crack cocaine and her "old ways." She soon found herself pregnant, and upon delivery of the baby, Children Protection Services (CPS) was called in to remove her child due to the drug exposure. Before the child was taken from Michelle, she had a moment to hold her baby and at that second, Michelle told herself that it was time for a change.

Michelle was admitted to Santa Maria for treatment and recovery and will be the first one to say that it was a difficult situation. "I hated Santa Maria at first. There were too many rules to follow and I found it hard to deal with." Michelle wasn't able to complete her treatment the first time around but was convinced by her husband (then boyfriend) to return to Santa Maria and try again. After returning, Michelle soon realized that people cared about her and that Santa Maria was there to help. Michelle commented, "I have a lot of respect for Santa Maria. They took me back and showed me how much they cared." Soon Michelle was on her path to recovery and turning her life around and became known as the "super star client." After treatment, Michelle got involved helping others by volunteering for Santa Maria and championing the cause of substance abuse treatment and recovery.

Fast forward several years later, Michelle is now on staff at Santa Maria as a Recovery Coach offering her real-life experiences and thoughts to those going through what she did years ago. She has become an outspoken advocate for recovery and provides life-changing coaching to the clients of Santa Maria. Michelle stated that, "I really love being a recovery coach and offering a team-centered whole health approach to the ladies. I am their coach, their cheerleader and their advocate." Additionally, Michelle serves as a Parent Advocate volunteer for CPS, providing first-hand knowledge of how to best reunite mother and child(ren).

Michelle is not done yet. She has recently received her Mental Health Peer Specialist Certificate (Recovery Coach) and is currently enrolled in college to obtain her Associates degree. She plans to pursue a Masters in Social Work specializing in trauma and youth. Michelle is so grateful to her family especially her children and husband who never gave up on her and were by her side every step of the way. Michelle, we are so proud of you. Thank you for being a Champion for the recovery cause!



Michelle with husband James and children Cyrus and James.



Thank you to the volunteers from the Ignition Youth Group that spent the day cleaning, organizing and painting Paschall House. This is a great group of kids and we are extremely thankful for their service.



In partnership with the March of Dimes and ABC Channel 13, Santa Maria was one of the benefiting agencies at this year's Caring Cradles Community Baby Shower. Thank you to everyone involved and those that donated items for our babies.



A big thank you to students from Baylor and the Yale Club as they provided fun-filled activities for the moms and their children at a recent Summer Fun Day at Bonita House.



A special thank you to LaPorte CPAs & Business Advisors for spending the day organizing our on-site library at **BONITA HOUSE**. We are deeply appreciative of your hard work and support.



As the Saints Go Marching In Gala was a tremendous success due to the support of our wonderful sponsors, donors, guests and volunteers. More than 250 guests enjoyed the beauty of the Parador, fine food and entertainment from Kristine Mills.

Special thanks to the event's Co-Chairs, Jan and Walter Fitzgerald with Jill and Marc Caillouet and our honoree, Judge Bonnie Hellums.



Honoree Judge Bonnie Hellums with husband Caryl Stith.

Gala Co-Chairs Marc and Jill Caillouet, CEO Nadine Scamp, LMSW, Co-Chairs Jan and Walter Fitzgerald.



Thank you to **GREEN STANDARDS AND EXXONMOBIL** for their recent donation of office furniture.



The children of Bonita House want to thank you for your generous donations to the **SUMMER FUN CAMPAIGN**. Because of you, their summer was great!



Long time Santa Maria supporters, the **DEACONESS OF DEADWOOD**, stopped by to bring our homeless female veterans (VIEWS Program) some goody bags for the Spring. Thank you for your continued support, it is deeply appreciated.



Want to receive  
Pathways electronically?  
Email: [kkelly@santamariahospel.org](mailto:kkelly@santamariahospel.org)

Santa Maria Hostel proudly announces its new slate of **BOARD OFFICERS AND MEMBERS FOR THE 2014-2015** fiscal year. Santa Maria's CEO, Nadine Scamp, LMSW, stated that "We are very fortunate to have this incredible group of community leaders providing their time, talents, and compassion to help the women and children we serve."

#### 2014-2015 OFFICERS

Marc Caillouet  
*Chair*

J. Byron Wake  
*Immediate Past Chair*

Kelli Fondren  
*Vice Chair*

Lisa Carpenter  
*Treasurer*

Deborah Keyser  
*Secretary*

#### 2014-2015 BOARD MEMBERS

Lora Chivers

Jim Denton

Diane Guariglia

Douglas Hidalgo

Andy Icken

Bruce Jefferies

Paula Jefferies

Pat Kiley

Veta Byrd-Pérez

Frank Rynd

## WISH LIST

Santa Maria Hostel is unique in that our clients bring their children with them to treatment. We serve many infants and children, over 50 each day, throughout the year and are always in need of the following items.

Please call **281.657.0898** to make a donation.

- Diapers
- Infant formula
- Baby wipes
- Strollers/car seats
- Infant and children's clothing
- Infant bedding, including receiving blankets
- Portacribs
- Diaper bags
- Bottles
- Lunchboxes/bags
- School supplies

*Thank You!*