SANTA MARIA



2019 Impact Report

EXCEEDING EXPECTATIONS

Recovery

OUR MISSION

The mission of Santa Maria is to empower women and their families to lead healthy, successful, productive and self-fulfilling lives.

6274

TOTAL NUMBER OF WOMEN, CHILDREN AND FAMILY MEMBERS PROVIDED SERVICES



1433

WOMEN BENEFITED FROM TREATMENT AND RECOVERY SUPPORT SERVICES

OUR VISION

Santa Maria strives to be a premier provider of specialized, trauma-informed, clientdriven services for women and their families to restore hope, transform lives, and promote long-term wellness and recovery.

THE ROAD TO RECOVERY STARTS HERE

The road to recovery can take many different paths and Santa Maria is here to pave the way for women and children. From recovery from substance use disorder, to recovering from homelessness, incarceration, abuse and other traumas, Santa Maria has the experience and compassion to offer a hand up and change lives.



FROM OUR CEO

At Santa Maria, we have continued to evolve to meet the full spectrum of community needs related to substance use disorder and trauma with programs and services that promote long-term wellness and recovery. With this annual impact report, *Exceeding Expectations*, we focus on the expansion and

integration of our reach and our evidenced-based approach. 2018-2019 was another year of growth and refining best practices. With our pregnancy and post-partum program, Caring for Two, we were co-located at 20 community sites. We were able to screen over 1100 adults and 46 youth in the past two years and enrolled 668 parents and 43 youth in our supportive program. Prevention, too, expanded with SMH partnering in the Houston, Aldine, Spring Branch and Spring ISD's to provide selected prevention curriculum, prevention services and conduct positive alternative activities. We have continued to integrate paid active peer recovery coaches throughout our programs, both on campus and in the community. These seventeen coaches serve in the Family Intervention Court, The Women's Home, Spring Branch Community Health Clinic, Plane State Jail, Harris County Jail, HCCSCD WHO Atascocita and in all of our residential programs including: detox, veterans, our residential criminal justice programs and our intensive and supportive treatment programs. Our criminal justice programs show decreases in risk factors for recidivism and great strides in our outcomes for job training/education, obtaining safe stable housing and engagement in recovery support and aftercare once discharged. In fact, there has been an emphasis in directing clients successfully to permanent housing in all of our programs, and it's working! We were honored to receive the United Way Program evaluation rating of "Exceeds Expectations" for the third report in a row.

We are grateful to all of you for your continued support of our muchneeded work. We will continue to strive to be the premier provider of specialized, trauma-informed, client-driven services for women and their families. Thank you for making the journey with us.

939 Adults benefited from prevention services

SINCERELY.

NADINE SCAMP, LMSW

1747 CHILDREN BENEFITED FROM PREVENTION SERVICES

"We will continue to strive to be the premier provider of specialized, trauma-informed, client-driven services for women and their families."

361

WUMEN BENEFITED FROM PREGNANT/POSTPARTUM INTERVENTION SERVICES



OUR GOALS

HELP WOMEN ACHIEVE AND MAINTAIN long term recovery from addiction and trauma

STRENGTHEN parent-child attachment and bonding

BUILD RESILIENCY in children and families enabling them to reach their full potential

97%

MAINTAINED RECOVERY FROM SUBSTANCES At 60 Days Post treatment Follow-up (treatment services)

95%

CONTINUED ENGAGEMENT IN ON-GOING RECOVERY SUPPORT PROGRAMS AND GROUPS AT 60 DAYS POST TREATMENT FOLLOW-UP

81%

CLIENTS OF ALL PROGRAMS DISCHARGED TO STABLE HOUSING

FISCAL YEAR 2019 HIGHLIGHTS

SUPPORT AND REVENUE

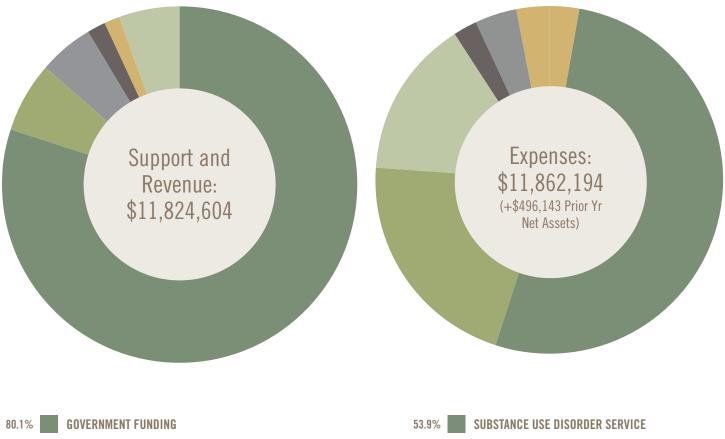
Government Funding	9,466,437
Private Contributions, Churches, and Foundations	748,219
Misc. Program Revenue	619,777
United Way	198,133
Program Fundraiser	161,070
Other Revenue and In-Kind	630,968
TOTAL REVENUE	11,824,604

EXPENSES

Program Services

Substance Use Disorder Services	6,657,758
Integrated Services/Education/Outreach	2,674,444
Supportive Housing	1,875,380
Veteran's Services	287,100
Management and General	15,175
Fundraising	352,337
TOTAL EXPENSE	11,862,194

(ADDITIONAL BOD APPROVED SPECIAL PROJECT EXPENDITURES, USE OF PRIOR YEARS NET ASSETS, \$496,143)



80.1%	GOVERNMENT FUNDING	53.9% SUBSTANCE USE DISORDER SERVICE
6.3%	PRIVATE CONTRIBUTIONS, CHURCHES & FOUNDATIONS	21.6% INTEGRATED SERVICES/EDUCATION/OUTREACH
5.2 %	MISC. PROGRAM FUNDING	15.2% SUPPORTIVE HOUSING
1.7%	UNITED WAY	2.3% MANAGEMENT & ADMINISTRATIVE
1.4%	PROGRAM FUNDRAISER	4.1% VETERAN'S SERVICES
5.3%	OTHER INCOME	2.9% FUNDRAISING

COMMUNITY SUPPORT

United Way of Greater Houston

Houston Methodist Santa Maria Hostel Foundation

The Congregation of the Sisters of the Charity of the Incarnate Word The Hamill Foundation William J. & Dorothy K. O'Neill Foundation

Barbara Bush Houston Literacy Foundation Charity Guild of Catholic Women

Stage – Gorman's

CenterPoint Energy Paul Farnell Greater Houston Golf Charity/Insperity Lowenstein Foundation Marek Bros. Systems, Inc.

Brentwood Baptist Church The Council on Recovery

Marek Family Foundation John P. McGovern Foundation

Albert & Ethel Herzstein Foundation Houston Texans Foundation

ABB Optical Group, LLC Chapelwood United Methodist Church Chris and Panadda Davenport Kelli Fondren

Molly Hubbard Elizabeth Hurst Andrew & Maylynn Icken Foundation Jeep Events of Texas LLC/Lone Star Jeep Invasion Legacy Community Health

Klein United Methodist Church Little John's Refrigeration MAPEI Corporation I.W. Marks Jewelers Network for Good Keith Rudy Frank B. Rynd

Sober Living Houston

Richard Gandy Mark & Susan Haedicke Carla Kneipp Orkin Catalina & Bradley Schultz Jo Stevenson

Janna & Charles A. Gremillion III Tanya Hassan Lakeview Health Thomas Laskowski Keith Liles Elinor Lottinville The Lovett Center April McGee Diane Merrill Vanita R. Pothuri

Elizabeth Perez Diane St. Yves University of Houston Downtown

Total Restoration R & R Verpiand J. Byron and Sandy Wake WINGS Ministries WoodsEdge Community Church

Serenity Light Recovery Sobriety Matters Michelle Teel – ATT Transcend Texas TRUIST UBS – CyberGrants Walters and Mason Retail, Inc.

Dr. Angela Nash **Diane & Brent Rager** St. Mark's Ministries Brenda Stardig Surender L. Talwar Taylor Recovery Center Jane & Stuart Weil Young Addiction Professionals

Kimberly Cotner & Scott C. David D. E. Harvey Builders Indo-American Charity Foundation Insperity Carmen Jones Deborah Keyser **Kirksey Architecture**

> Amegy Bank Kathleen J. Callahan Robert M. Eury Scott Fenton

Jeffrey Baker Philip & Pamela Briggs Charitable Fund Veta Byrd-Perez Richard Chapman Chartway Federal Credit Union Jordan L. & Robin T. Davis Anna Dragsbaek Grant Garrison Carol P. Gregory

We're Here for RecovHERy-HALEY'S STORY

As a pre-teen, Haley lived with her mother and was a straight -A student and an athlete. Unfortunately, Haley was introduced to drinking alcohol at the age of 12 and eventually her life spiraled out of control. She decided to live with her father and stepmother, however, her personal situation did not improve because a "friend" offered her cocaine and then meth. These drugs became her life and she continued to be ruled by them. Later, as a young woman, she found and lost



jobs, stole things to get by and was often homeless. She became involved with an abusive man who was also an IV meth user and together, they accelerated their drug use. One way or another, Haley believed, she was going to die, either from the abuse or the drug use.

At the age of 24, Haley found herself facing a charge of jumping bail on previous charges. It involved a potentially harsh sentence in state prison, based on prior convictions. She was scared, sick and pregnant in the Harris County Jail, awaiting her fate. Her mom was already in recovery and she was the first person Haley called. Terrified for Haley's health and future, her mother became her advocate and voice. At her trial, Haley's mother begged the judge to find a treatment program for Haley rather than sending her to prison. She knew her daughter needed help, not judgment. Luckily, the judge saw the path of recovery as a viable alternative to prison time. Haley was sent to Santa Maria's WHO program, (a criminal justice alternative program), for six months of residential treatment.

"I was happy to be out of jail and willing to do anything." said Haley. "In County, I had become close to another inmate, a woman that I could talk to while I was locked up. I watched as this woman had her baby in jail and then they took the child away. After that, the biggest motivator became what I wanted my own child's life to look like. I wanted to stay on my feet. I wanted to do the right thing."

"I remember Haley as a determined young woman," says Sharon Perkins, Director of Criminal Justice programs at Bonita House. "After our introduction, I never worried that she would stay with the program. She was ready for her life to change. Haley soaked up a lot of information and worked really, really hard."

Haley was moved by the other participants' stories. She heard of them losing custody of their children to CPS. It made her more determined to live free of substances to avoid that fate. She learned coping skills, to identify her triggers for relapse and to dive deeper into recovery. The longer she was there, the more it meant. She discovered that she was never really trapped. In recovery there was always a way to overcome obstacles and move forward.

The WHO program also allowed her to prepare for the birth of a healthy baby by providing prenatal care, social, emotional and medical support. She learned how to nurture and maintain a strong bond with her infant, while also receiving training to care for her newborn.

Haley had a very difficult labor and delivery and her son Braylon had health complications. He had to stay in the NICU for five days. Because of her record, the hospital

social worker almost removed her child because they claimed she had failed a drug test. However, Sharon Perkins stepped in and advocated for Haley and after another test, she was cleared. Sharon knew that Haley could be a good mother to her son and the social worker agreed to give her that chance. Braylon came home to SMH with her and their new life began. At SMH, there was always someone to help her, someone in the same situation. The participants stuck together and they learned to be mothers.

When Haley successfully completed her program, she moved to her mother's home in a small town north of Houston. Because she had support she did not have to go to work right away. She was able to spend lots of time bonding with Braylon. When he was six months old, she found a job delivering pizzas and then later a better entry level position for a fence company. She worked hard and was promoted to the administrative office after a year, responsible for contracts and accounting. She enrolled her son in a daycare, which he still attends today, three years later. She takes college business classes, attends local AA meetings and listens to podcasts to strengthen her recovery work. Haley and Braylon have a nice apartment near the city park where her happy, healthy son plays.

Without treatment, Haley would have never delivered a healthy baby, would surely have lost the custody of her son and Braylon would have lost the benefit of being raised by his loving, healthy mother. Braylon is completely unaware of this good fortune, which is as it should be. The courageous acts of his mother to break the cycle will insure that he will experience a happy childhood and future filled with potential. Says Sharon Perkins, "For her to call me on the third anniversary of her sobriety date, meant a lot. She was ready to help others by telling her story. She has something valuable to offer."

Haley's story offers hope to other expectant mothers with substance use disorders because the reality in this case is that is not just one person's life that was transformed by recovery, it was two! Haley and Braylon are the face of RecovHERy.

Santa Maria is one of the few treatment centers in Texas that provides a full continuum of care for pregnant and parenting women that is designed to support them—and their children—as they travel along the personal road to recovery.

2018-2019 BOARD OF DIRECTORS

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BARBARA M. PAGE Chief Financial Officer

MARY BUCHNER, LCDC Chief Clinical Officer

SANTA MARIA LOCATIONS

BONITA HOUSE (HEADQUARTERS)

2605 Parker Rd., Houston, TX 77093

00 | F: 713-691-09

JACQUELYN HOUSE 2005 Jacquelyn Dr., Houston, TX 77055 | T: 713-228-0125 | F: 281-657-0956

PASCHALL - WOMEN'S RECOVERY RESIDENCE AND COMMUNITY CENTER 807 Paschall St., Houston, TX 77009 | T: 281-745-8532

ALVIN OUTPATIENT TREATMENT

713 W. Adoue St, Houston, TX 77511 | T: 281-831-7754



United Way of Greater Houston





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